



Volleyball League Rules 2007 Season

1. His Grace Bishop Serapion is in charge of and oversees all operations related to the Coptic Orthodox Church, Diocese of Los Angeles Volleyball League, and appoints and approves the volleyball league officials responsible for organizing, coordinating, and supervising all league activities.
2. His Grace Bishop Serapion, Father James Soliman, league officials are granted authority over any player, coach, assistant coach, spectator or any other bystander present at any game.
3. The league officials are hereby granted the authority to call off any given game if, in their judgment, the players or spectators are in any way engaging in “anti-Christian” or unsportsmanlike conduct.
4. The league officials are hereby granted the authority to make decisions as to whether a particular game should continue or be immediately terminated due to escalating tempers, unnecessary confrontation, and taunting.
5. At all games there must be the coach (team leader) whose name must appear on the coach’s roster online present. If the coach is not present, the game will be forfeited without rescheduling. A coach may also be a participating player for the team he or she is coaching.
6. Coaches, you are the models of this league. Any rule that appears within these set of rules have a much higher consequence if a coach or an assistant coach breaks it whether it is noted or not. These consequences could be, but are not limited to, suspending you as a coach or suspending your whole team.
7. It is against league rules for players and/or coaches to be involved in any form of “Trash Talking” either on the court during a game, in anticipation of an upcoming game, or after the completion of a game
8. “Trash Talking” falls under the category of “Anti-Christian” behavior and unsportsmanlike conduct, and will not be tolerated in this church volleyball league.
9. “Trash Talking” during the course of a game will result in technical fouls awarded to the player(s) involved. If it occurs again during the course of the same game, the player will immediately be ejected from the game by the CIF referee(s). If a player has a repeated history of problems within the league, other actions will be taken.
10. “Trash Talking” related to the volleyball league, whether it occurs during a game or apart from it, will be punishable by suspensions imposed by the league officials.
11. There will be only two (2) timeouts per team per game in a 3-game match. The timeout will be 1 minute and 30 seconds.



12. Fighting or foul language coming from a spectator will result in removal from the premises by the referee and/or committee member.
13. Any fighting caused by any team member or coach will result in that player or coach's disqualification from the league.
14. Players and coaches must show respect to the referees and the scorekeepers at each game.
15. **THERE WILL BE NO ARGUING WITH THE REFEREE.** The team captain and the coaches may speak to the referees only, if permitted by the referee. There may only be one team captain and one head coach per team that may speak to the referee. The referee can choose not to talk to either one if too much tension occurs.
16. All bench players must be seated at all times during the game. Assistant Coaches may get up, but must remain seated for a majority of the game.
17. Only registered coaches and suited players may be seated on the coaches/players bench. All fans must be seated on the opposite side of the coaches/players bench. No fans are allowed on coaches/players bench. No one is allowed on the base line.
18. Each team will have a 5-minute grace period after the starting time of season games. After the 5-minute grace period is up, whichever team delays will lose the game. No rescheduling will be allowed in this case. **PLEASE BE ON TIME!**
19. Transportation must be provided to and from the game by each church.
20. You **MAY NOT** cancel or postpone or reschedule any game for any reason. Any game that is not played on its scheduled date and time will be considered a forfeit without rescheduling. The only exception to this rule is in the case of death or a funeral. A league official must approve the rescheduling to take place **BEFORE** the actual scheduled time of the game. If a game is permitted to be postponed it **MUST** be made up on or within four (4) game days.
21. After the final game of the day, all players, coaches, assistant coaches, and spectators must leave the premises within 20 minutes after the game has ended.
22. After each game, the winning team must inform the league by the end of day on Monday, following game day, who won the game with the correct scores – preferably by email. If the winning team fails to meet the due time, the opposing team will get the victory. Here is an example on how scores should be reported:
 - a. Date: Sunday, January 17, 2007
 - b. Teams: Team A vs. Team B
 - c. Scores for each match: 25-20, 18-25, 15-10
 - d. Game record: Team A 2-1
23. The league encourages each team to have team uniforms.
24. The Coptic Volleyball League is open to anyone who is baptized with in the Coptic Church or any of her sister churches. All players must register online no later than Wednesday, January 10th, 2007. Players that miss this deadline may



still register, but will do so manually and will be charged a \$50.00 late fee for the tardiness.

25. Food, drinks, hard-soled and back-soled shoes are absolutely prohibited in the gymnasium. Players MAY NOT bring in bottled water they must utilize the facilities drinking fountain.
26. All players, coaches, and spectators must insure that the gym is spotless before leaving the gym. This includes, and is not limited to: restrooms, spectator's seating area, player's/coach's area, the main court, and the parking lot. The gyms should be cleaned after each game. Both the home team and away team must clean the gym. It is the home team's responsibility; the home team will suffer if complaints are submitted to the league from the gym staff.
27. Please respect the public property. We are granted the gym as a privilege that may be taken away from us if we abuse this privilege.
28. Please note also that coaches and players are responsible for the spectator's actions.
29. Please note that not all games will be hosted in a gym. Games will be hosted in a gym according to availability. If a gym is not available for a certain weekend, an outdoor location will be assigned.
30. Please keep all entrances and exits to the all facilities clean because it is a fire hazard.
31. No noise making equipment is allowed at any of the games.
32. Teams that have the opening game on game days should arrive early to insure that everything is properly setup and ready to go by tip off time. Score board, bleachers, player's seating, trash cans, and that they have a game ball.
33. In case of a church joining the league with 2 or more teams, there will be no crossing over of players allowed. Each player is mandated to "stick" to a specific team for the entirety of the season.
34. Please see the league calendar for important dates and deadlines on when things are due.

Game Rules:

35. There will be no limit on substitutions.
36. Regarding rotations, each team is MANDATED to rotate clockwise during each point. It is up to the team to go back to any other position as long as the ball is in play (as soon as the player serves the ball).
37. No one is supposed to touch the net. The referee will judge whether or not the "touch" is interrupting normal play.
38. On the serve, if the serve contacts the net on the way down, the ball is still in play. There will be no need to replay the serve.
39. On the serve, if the player crosses or touches the line, this will be counted as a fault, and the team will lose the possession.



40. There will be no illegal contact with the ball below the waist (such as kicking, kneeling, etc.). However, if the ball contacts any part of the body above the waist, that will be a legal hit. In the case that the ball makes contact with a person's chest (as an example), the person can not hit the ball again with his hands.
41. Each game is up to 25 points. In case of a tie at 24-24, either team must win by 2 points (ex: 26-24).
42. Scoring is done by a rally method meaning that a point is award each time there is a fault.
43. If the set is split, the 3rd match will only be played up to 15 points.
44. In the case of a player, who is standing at the net, has a foot cross the line *completely*, that will be counted as a fault.
45. During the serve, the opposing team can NOT block or spike the serve.
46. The player may not serve the ball until the referee blows the whistle.
47. After each game, the winning team must inform the league by the end of game day, who won the game with the correct scores—preferably by email. If the winning team fails to meet the due time, the opposing team will get the victory.
48. Playoffs
 - a. Top four (4) teams of each league/division will advance (single elimination).
 - i. Overall division record per team.
 - ii. When two teams are tied in the standings, regular season head-to-head results are used as the tie-breaker. If the season is not split (one team winning both games) then they (the team that won both games) takes the higher position.
 - iii. If three or more teams are tied, the combined record of each team against the other teams involved in the tie is used to break the tie.
 - iv. If the above procedures fail to establish an advantage, point differential.

Last Updated: 2/20/06